



Independent Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		8:00 Open Basketball 9:30 Chair Yoga w/ Sara 10:00 Bocce Ball 11:30 Seated Yoga 12:30 Traditional Yoga 1:00 All-Level Mah Jongg 2:30 Happy Hour w/ Live Music by: The FL Keys 6:00 Pinochle 6:30 Men's Poker	8:00 Open Basketball 9:00 Open Pickleball 9:00 Lakes Park Farmers Market Bus 9:30 Music + Cardio + Agility 10:00 Art Club Meeting 10:30 Bible Study 11:30 Seated Music + Cardio + Agility 1:00 Bingo 1:00 Shopping Trip 1:15 Bridge Mini-Lesson with Jackie Addis 1:30 Social Bridge Playw/ Q&A 3:00 Pictionary	8:00 Open Basketball 9:30 Mobility, Balance and Strength 10:30 Resident Council Meeting 11:30 Seated Mobility, Balance and Strength Oasis 1:00 Shopping Trip: South Plaza Shopping Mall 1:30 Euchre 3:00 Chorale Rehearsal 6:00 Pinochle 7:00 Cribbage 7:00 Movie Night: TBD	8:00 Open Basketball 9:00 Open Pickleball 9:00 TRIP: Immokalee Casino 9:00 Aqua Fit with Alex! Oasis Pool 9:30 Quilting Group 12:00 TRIP: Sun Harvest Citrus 1:00 Bingo 1:30 Social Bridge Play 2:30 Happy Hour with Live Music by: Chicago Heat	8:00 Open Basketball 10:00 Bocce Ball 10:30 TRIP: Coastland Center & Lunch 11:00 Yoga 101 with GG 1:00 Open Card & Game Play/Rummikub
7:30 TRIP: Cypress Lake Methodist Church 8:00 Open Basketball 8:30 TRIP: McGregor Baptist Church 9:30 TRIP: Westminster Presbyterian Church 9:45 TRIP: Resurrection Catholic Church 1:00 Open Card & Game Play/Rummikub 2:00 Catholic Communion Service with Dr. Mary Stegman 3:00 Movie Matinee: TBD	8:00 Open Basketball 9:00 Open Pickleball 9:00 Shopping Trip 9:00 Aqua Fit 10:00 Diamond Painting with Jean Francis 11:00 Shopping Trip 11:15 Current Events Group 1:00 Canasta 1:00 Bingo 1:30 Social Bridge Play 2:00 Devices with Rachel 3:00 Wii Games	8:00 Open Basketball 9:30 Chair Yoga w/Sara 10:00 Bocce Ball 11:30 Seated Yoga 12:00 Balance Screening with Embrace 12:00 Scarecrows in the Park Winner's Luncheon 12:30 Traditional Yoga 1:00 All-Level Mah Jongg 6:00 Pinochle 6:30 Men's Poker	8:00 Open Basketball 9:00 Open Pickleball 9:00 Lakes Park Farmers Market Bus 9:30 Music + Cardio + Agility 10:30 Bible Study 11:30 Seated Music + Cardio + Agility 1:00 Bingo 1:00 Shopping Trip 1:15 Bridge Mini-Lesson with Jackie Addis 1:30 Social Bridge Playw/ Q&A 3:00 Trivia	8:00 Open Basketball 9:30 Mobility, Balance and Strength 11:30 Seated Mobility, Balance and Strength 12:00 Ladies Who Lunch with Dr. Thomas Cimarusti 1:00 Shopping Trip Page Field Commons 1:30 Euchre 3:00 Chorale Rehearsal 6:00 Pinochle 7:00 Cribbage 7:00 Movie Night: TBD	8:00 Open Basketball 9:00 Open Pickleball 9:00 Aqua Fit 9:30 Stitch & Chat 9:45 TRIP: Bailey Matthews Shell Museum & Aquarium w/ Lunch at: Cheeburger Cheeburger 1:00 Bingo 1:30 Social Bridge Play 2:00 Panel Discussion with Sales 3:00 Happy Hour Reception with Live Music by: Pearl & CJ	8:00 Open Basketball 10:00 Bocce Ball 11:00 TRIP: Men's Lunch at Blue Moon Pizza 1:00 Open Card & Game Play/Rummikub
7:30 TRIP: Cypress Lake Methodist Church 8:00 Open Basketball 8:30 TRIP: McGregor Baptist Church 9:30 TRIP: Westminster Presbyterian Church 9:45 TRIP: Resurrection Catholic Church 1:00 Open Card & Game Play/Rummikub 2:00 Catholic Communion Service with Dr. Mary Stegman 3:00 Movie Matinee TBD	8:00 Open Basketball 9:00 Open Pickleball 9:00 Shopping Trip 9:00 Aqua Fit 10:00 Diamond Painting with Jean Francis 11:00 Shopping Trip 11:15 Current Events Group 1:00 Canasta 1:00 Bingo 1:30 Social Bridge Play 2:00 Devices with Rachel 2:30 Dr. Kerr Presents: "Alexander The Great" 3:00 Wii Games	8:00 Open Basketball 9:30 Chair Yoga w/Sara 10:00 12:00 Fairy Hair 10:00 Bocce Ball 11:30 Seated Yoga 12:30 Traditional Yoga 1:00 All-Level Mah Jongg 2:30 Happy Hour w/ Live Music by: The FL Keys 6:00 Pinochle 6:15 TRIP: Arts Symphonic Band @ FGCU 6:30 Men's Poker	8:00 Open Basketball 9:00 Open Pickleball 9:00 Lakes Park Farmers Market Bus 9:30 Music + Cardio + Agility 10:30 Bible Study 11:30 Seated Music + Cardio + Agility 1:00 Bingo 1:00 Shopping Trip 1:15 Bridge Mini-Lesson with Jackie Addis 1:30 Social Bridge Play 3:00 Charades 3:00 New Resident Social w/ the Welcome Committee	8:00 Open Basketball 9:30 Mobility, Balance and Strength 10:30 Garden Club 11:30 Seated Mobility, Balance and Strength 1:00 Shopping Trip: Market Square (Target, Michaels, Dollar Tree) 1:30 Euchre 6:00 Pinochle 7:00 Cribbage 7:00 Movie Night: TBD	8:00 Open Basketball 9:00 Open Pickleball 9:00 Aqua Fit Oasis Pool 9:15 TRIP: Ave Maria 9:30 Quilting Group 9:30 Stitch & Chat 1:00 Bingo 1:30 Social Bridge Play 2:30 "April Birthdays" Happy Hour w/ Live Music by: Flashback Duo	8:00 Open Basketball 9:00 TRIP: Ding Darling Tram Tour (\$20.25/person) + Lunch at Doc Fords 10:00 Bocce Ball 11:00 Yoga 101 with GG 1:00 Open Card & Game Play / Rummikub
7:30 TRIP: Cypress Lake Methodist Church 8:00 Open Basketball 8:30 TRIP: McGregor Baptist Church 9:30 TRIP: Westminster Presbyterian Church 9:45 TRIP: Resurrection Catholic Church 1:00 Open Card & Game Play/Rummikub 2:00 Catholic Communion Service with Dr. Mary Stegman 3:00 Movie Matinee: TBD	8:00 Open Basketball 9:00 Open Pickleball 9:00 Shopping Trip 9:00 Aqua Fit 10:00 Diamond Painting with Jean Francis 10:30 5 Essential Document to Protect Your Wealth w/ Ted Wolfendale Law 11:00 Shopping Trip 11:15 Current Events Group 1:00 Canasta 1:00 Bingo 1:30 Social Bridge Play 2:00 Devices with Rachel 3:00 Wii Games	8:00 Open Basketball 9:30 Chair Yoga w/Sara 10:00 Alzheimer's Walk with Team Amavida 10:00 Bocce Ball 11:30 Seated Yoga 12:30 Traditional Yoga 1:00 All-Level Mah Jongg 6:00 Pinochle 6:30 Men's Poker	8:00 Open Basketball 9:00 Open Pickleball 9:00 Lakes Park Farmers Market Bus 9:30 Music + Cardio + Agility 10:30 Bible Study 11:30 Seated Music + Cardio + Agility 12:00 Bingo 1:00 Munchies with Mark 1:00 Shopping Trip 1:15 Bridge Mini-Lesson with Jackie Addis 1:30 Social Bridge Playw/ Q&A 3:00 Name That Tune	8:00 Open Basketball 9:30 Mobility, Balance and Strength 10:00 Dining Committee Meeting 11:30 Seated Mobility, Balance and Strength 12:30 Book Club 1:00 Shopping Trip 1:30 Euchre 3:00 Chorale Rehearsal 6:00 Pinochle 7:00 Cribbage 7:00 Movie Night: TBD	8:00 Open Basketball 9:00 Open Pickleball 9:00 Aqua Fit Oasis 9:30 Stitch & Chat 11:00 TRIP: Love Boat Ice Cream 1:00 Bingo 1:30 Social Bridge Play 1:30 Amavida Chorale Spring Concert 2:30 Happy Hour w/ Live Music: Jersey Beat	8:00 Open Basketball 10:00 Bocce Ball 11:00 Yoga 101 with GG 1:00 Open Card & Game Play/Rummikub 1:15 TRIP: Women's Lunch at: Shrimp Shack
7:30 TRIP: Cypress Lake Methodist Church 8:00 Open Basketball 8:30 TRIP: McGregor Baptist Church 9:30 TRIP: Westminster Presbyterian Church 9:45 TRIP: Resurrection Catholic Church 1:00 Open Card & Game Play/Rummikub 2:00 Catholic Communion Service with Dr. Mary Stegman 3:00 Movie Matinee: TBD	8:00 Open Basketball 9:00 Open Pickleball 9:00 Shopping Trip 9:00 Aqua Fit Oasis 10:00 Diamond Painting with Jean Francis 11:00 Shopping Trip 11:15 Current Events Group 1:00 Canasta 1:00 Bingo 1:30 Social Bridge Play 2:00 Devices with Rachel 3:00 Wii Games	8:00 Open Basketball 9:30 Chair Yoga w/Sara 10:00 Bocce Ball 11:30 Seated Yoga 12:30 Traditional Yoga 1:00 All-Level Mah Jongg 2:30 Pop Up Happy Hour! 6:00 Pinochle 6:30 Men's	8:00 Open Basketball 9:00 Open Pickleball 9:00 Lakes Park Farmers Market Bus 9:30 Music + Cardio + Agility 10:30 Bible Study 11:30 Seated Music + Cardio + Agility 1:00 Bingo 1:00 Shopping Trip Page Field Commons 1:15 Bridge Mini-Lesson with Jackie Addis 1:30 Social Bridge Playw/ Q&A 3:00 Pictionary			